



Weekly Roundup

...Reporting the state and national long term care news

Please disseminate the relevant information contained in this week's edition of the Weekly Roundup to the appropriate department.

- Administration Nursing Dietary Activities Social Services
 Rehabilitation Housekeeping Maintenance Laundry

Friday, April 30, 2010

ANHA NEWS

ANHA Office Closed During Mid-Year Convention

The Alabama Nursing Home Association office will be closed the week of May 3 – 7 during the Mid-Year Convention. The office will re-open on Monday, May 10. Also, the Weekly Roundup will not be published next week.

Alabama's Best Practices Update

The announcement for the Alabama's Best Practices Presenters will be made in the coming weeks. Mark your calendars for August 26, 2010, for the Alabama's Best Practices Program at the Cahaba Grand Conference Center in Birmingham.

Congratulations to the following facilities for their nominations for the 2010 Program:

Bibb Medical Center Nursing Home (2)
William F. Green State VA Home
Hanceville Nursing & Rehab Center
The Village at Cook Springs
Barfield Health Care Center (2)
Golden Living Center Winfield
Falkville Health and Rehab Center
Evergreen Nursing and Rehab
Greenbriar at the Altamont (2)
Capitol Hill Health & Rehab First
St. Martin's in the Pines
Crowne Healthcare of Montgomery
Golden Living Oxford
Andalusia Manor

Bill Nichols State VA Home
Woodland Village (2)
Aliceville Manor Nursing Home
TLC Nursing Center
Adams Health and Rehab
Golden Living Center Trussville
Golden Living Center Boaz
Cogburn Health & Rehab
Collinsville Healthcare & Rehab
Cullman Health & Rehab Center
Floyd E. "Tut" Fann VA Home
Crossville Health & Rehab
Magnolia Haven

There were thirty-one (31) best practices submitted from these facilities. Thank you for your interest in and support of the program!

Enroll Now in Advancing Excellence

Enrollment is still open for nursing homes that want to participate in Advancing Excellence in America's Nursing Homes. This FREE initiative helps nursing homes improve the quality of care and life for their residents.



ANHA is a member of the Local Area Network for Excellence (LANE) and encourages all member facilities to join.

To register or re-enroll for the Campaign, visit <http://www.nhqualitycampaign.org/>.

- If your nursing home was registered for Phase 1, get your password and log in to the Web site. You only need to do two things: choose three goals and set targets for each goal chosen. If you need help with your password or with the re-enrollment process, call your LANE convener, whose contact information can be found on the AE Web site under Local Support under the About the Campaign button.
- If you are registering for the first time, simply follow the directions on the Web site.

Participants can access the wealth of free resources, including web-based education sessions, tip sheets, newsletters and updates on the most current research on how to improve patient care, staff satisfaction and public trust. First-time participants are also recognized on the website.

Alabama facility enrollment is well exceeding the national enrollment rate. Alabama = 61% Nation = 40.9% A total of 141 Alabama nursing homes are currently enrolled. Thanks to everyone for this success. Keep up the great work. Enrollment is still open, so let's continue to strive to be the only state to have 100% enrollment and achieve all goals of the campaign. If Alabama maintains its current performance, it is projected to meet and even exceed most goals of the Campaign. However, our focus must be on encouraging homes to maintain current performance and continuing to encourage enrollment. The top three goals selected by Alabama nursing homes are #1 Pain, #2 Pressure Ulcers and #3 Staff Turnover.

2010 National Nursing Home Week Materials



The American Health Care Association has shipped the National Nursing Home Week (NNHW) planning guide to facilities. The planning guide and other support materials can also be downloaded from the National Nursing Home Week website at www.nnhw.org.

NNHW is May 9-15 with the theme of "Enriching Every Day." NNHW spotlights nursing home residents and staff and encourages all to celebrate those that make a positive difference in their lives every day. A supportive and caring environment, such as a nursing home, provides enrichment for residents and families to continue growing, learning and teaching through various ways. The week also provides an opportunity to honor all those who contribute to our nation's nursing homes – residents, family members, employees and volunteers.

AHCA has produced several promotional products for this year's theme of "Enriching Every Day." *Please see the attached AHCA flyer for more information on the items.* If you did not receive the planning guide, please contact Tiffany Crawford at AHCA at tcrawford@ahca.org or (202) 898-6318. *Also attached is information on t-shirts from Jones Sportswear.*

FACILITY NEWS

Crowne Health Care of Springhill Earns Deficiency Free Survey!

Crowne Health Care of Springhill recently earned a deficiency free health survey! The facility is located in Mobile and owned by the Crowne Management. The administrator is Todd Wilder and the DON is Tim Wiggins. Congratulations to all of the staff of Crowne Health Care of Springhill on this outstanding accomplishment!

Lynwood Healthcare and Rehab Resident Celebrates 100th Birthday



Lynwood Healthcare & Rehab Center resident Ms. Callie Aldridge recently celebrated her 100th birthday! She enjoyed a party with family and friends and received proclamations from President Barak Obama, Governor Bob Riley, Congressman Joe Bonner and Mobile Mayor Sam Jones. She is seated surrounded by family members.

NATIONAL NEWS

OSHA Issues Administrative Enhancements to Penalty Policies

The Occupational Health & Safety Administration (OSHA) has issued a memorandum to Regional Administrators that administratively enhances OSHA's penalties. OSHA finds in the memorandum that currently "the Agency's penalties are too low to have an adequate deterrent effect." In effect, the memorandum revises OSHA's penalty classification system, as currently outlined in its Field Operations Manual (FOM). Of particular note, OSHA is:

- Expanding the time frame for considering an employer's history of violations (when setting penalties) from three to five years.
- Increasing penalties by 10 percent for employers that have been cited for any high gravity serious, willful, repeat, or failure-to-abate violations within the previous five years.
- Increasing the minimum proposed penalty for a serious violation to \$500.
- Calculating final penalties serially, unlike current practice where all of the penalty reductions are added and then the total percentage is multiplied by the gravity-based penalty to arrive at the proposed penalty. (OSHA's example in the memorandum results in an increase of approximately 50 %.)

GAO Releases Report On Special Focus Facilities

Last week the General Accountability Office (GAO) released a report *Poorly Performing Nursing Homes: Special Focus Facilities Are Often Improving, But CMS's Program Could Be Strengthened*. The report evaluates the implementation of the Special Focus Facility program and provides recommendations to CMS that GAO believes would improve the program. The American Health Care Association (AHCA) will provide a summary and analysis of the report and it will be posted to their Members Only Web site (www.ahcancal.org).

OIG Updates Exclusion List

The Office of the Inspector General (OIG) posts a monthly update to its LEIE, identifying individuals and entities excluded from participation in any Federal health care program. The updated LEIE contains a list of all exclusions currently in effect. Long term care providers should routinely check the OIG's LEIE as Federal law prohibits providers from employing or contracting with any individual or entity who is excluded from participation in Federal health care programs (e.g., Medicare/Medicaid) for the provision of items or services for which payment may be made by those programs. A provider who employs or contracts with an excluded individual or entity in violation of the law is subject to the imposition of a civil monetary penalty by the OIG. (http://www.oig.hhs.gov/fraud/exclusions/exclusions_list.asp)

Skilled Nursing Facilities Prospective Payment System (SNF PPS) Personal Computer (PC) Pricer Files Updated for Fiscal Year (FY) 2010

Due to receiving quarterly provider data for April 2010, the FY 2010 SNF PPS PC Pricer has been updated on the page: http://www.cms.hhs.gov/PCPricer/04_SNF.asp, under the "Skilled Nursing Facilities (SNF PPS) PC Pricer." Please go to the page above and download the latest version of the PC Pricer.

NFPA Codes and Standards Available to AHCA Members

The American Health Care Association (AHCA) is pleased to announce that they have made arrangements with the National Fire Protection Association (NFPA) to provide electronic access to the codes and standards referenced in the current Medicare/Medicaid Regulations to regulate fire/life safety in nursing homes. Included is a copy of the 2000 Life Safety Code and those important codes and standards referenced in 2000 Life Safety Code. AHCA's agreement with NFPA is that the link below connects directly to the NFPA website and would be posted in the members' only section of AHCA's website. It is important to note that these documents are not applicable to assisted living facilities unless the state in which you are located has adopted the 2000 Life Safety Code for assisted living facilities.

http://www.nfpa.org/itemDetail.asp?categoryID=1981&itemID=46797&URL=Codes%20&%20Standards/Code%20development%20process/&cookie_test=1&cookie%5Ftest=1

The service is free to all members and you do not have to be a member of NFPA to obtain access to the link. The codes and standards are in a read-only format and cannot be copied or printed in order to protect NFPA's Copyrights.

Based on the review of deficiencies cited in nursing homes in the past few years, the documents below were selected. Please note that the Life Safety Code contains the requirements for fire/life safety systems and equipment that must be provided in the building and for the most part, the

standards contain the requirements on how to install, test, inspect and maintain the systems and equipment.

- 1998 NFPA 10, Standard for Portable Fire Extinguishers **This standard contains all the requirements for the installation, inspection, testing and maintenance of portable fire extinguishers.**
- 1999 NFPA 13, Standard for the Installation of Sprinkler Systems **This standard contains all the requirements for the installation of sprinkler systems.**
- 1998 NFPA 25, Inspection, Testing and Maintenance of Water-Based Fire Protection Systems **This standard contains all the requirements for the inspection, testing and maintenance of sprinkler systems and fire pumps.**
- 1999 NFPA 72®, National Fire Alarm Code® **NFPA 72 is actual a standard and not a code and contains all the requirements for the installation, inspection, testing and maintenance of fire alarm systems and smoke detectors.**
- 1999 NFPA 80, Standard for Fire Doors and Fire Windows **This standard contains all the requirements for the installation, inspection, testing and maintenance of fire doors and fire windows.**
- 1998 NFPA 96, Standard for Ventilation Control and Fire Protection of Commercial Cooking Operations **This standard contains all the requirements for the installation, inspection, testing and maintenance of kitchen range hood and duct systems to include the hood extinguishing system.**
- 1999 NFPA 99, Standard for Health Care Facilities **This standard contains all the requirements for the installation, inspection, testing and maintenance of emergency power systems, the handling and storage of oxygen and emergency management plans.**
- 2000 NFPA 101®, Life Safety Code® **The Life Safety Code contains all the requirements for construction features of the building, means of egress, hazardous area, interior finishes, furniture and furnishings, and operational requirements for smoking, evacuation in case of emergencies and fire drills.**
- 1999 NFPA 110, Standard for Emergency and Standby Power Systems **This standard contains all the requirements for the installation, inspection, testing and maintenance of generators and emergency electrical systems up to and including the transfer switch.**

Because CMS continues to enforce an older edition of the Life Safety Code, many of the standards referenced by the 2000 Life Safety Code are no longer available for sale or posted on the NFPA website. AHCA wanted to ensure that all members have access to these important documents and made arrangements for a special posting on the NFPA website. Reviewing the requirements in these documents should assist each member in assuring that any Life Safety Code deficiencies that are cited are cited correctly. As well, the codes and standards provide the requirements necessary to correct the deficiencies. We recognize that the subject of fire/life safety can be difficult and we hope that providing access to these documents will assist you in the development of your Plans of Correction.

AHCA is extremely grateful to the NFPA for arranging his special posting on their website for the long term care profession.

Securing Wheelchairs

We have been informed that a southeastern state has just been cited a third immediate jeopardy in a short period of time for a facility's failure to follow manufacturer's guidelines on securing

wheelchairs in transport vans. Please take this opportunity to review your transport protocols and make sure they are consistent with the manufacturer's guidelines and that your transportation aides and maintenance staff are well-trained on them and are following them.

EDUCATION NEWS

“ICD-9 Coding for Long Term Care” Educational Seminar – May 25th

Please mark your calendars for May 25, 2010, as ANHA will present a seminar entitled “ICD-9 Coding for Long Term Care”. This seminar will be held at The Wynfrey Hotel in Birmingham. The seminar will begin at 8:30 am and conclude at 4:00 pm. Registration will begin at 7:30 am. This seminar has been approved for 6 hours of continuing education for nursing home administrators and social workers. This seminar has also been approved for 7.2 contact hours for nurses. **Everyone must bring a current ICD-9 coding book to the seminar!** Please see the attached flyer for more details regarding this event.

“Dealing with Distress Using Empathy and Support” Educational Seminar – June 14th

Please mark your calendars for June 14, 2010, as ANHA will present a seminar entitled “Dealing with Distress Using Empathy and Support”. This seminar will focus on helping caregivers respond effectively to individuals who have dementia and are experiencing emotional distress and frustration. It will start with a review of changes in abilities and brain functions that contribute to the state of distress. We will then discuss more traditional techniques (reality orientation, ignoring, distracting, and lying) to cope with the person’s distress and the reasons they typically don’t work. Finally we will explore strategies that are more effective, including the sequence, non-verbal and verbal approaches, and follow-up actions. This seminar will be held at The Little Sisters of the Poor in Mobile. The seminar will begin at 8:30 am and conclude at 4:30 pm. Registration will begin at 7:30 am. This seminar has been approved for 6 hours of continuing education for nursing home administrators and social workers. This seminar has also been approved for 7.2 contact hours for nurses. Please see the attached flyer for more details regarding this event.

Upcoming ANHA Educational Seminars – Mark Your Calendars Now!

Please mark your calendars as ANHA presents seminars on the following dates:

*June 29th – 30th “MDS 3.0 and Medicare Payment Implications” Birmingham, AL

**Please note that this is a two day seminar covering important aspects of the PPS Medicare Payment System as well as the MDS 3.0*

August 31st “When Injuries Speak: Forensic Investigation and Documentation of Abuse, Neglect and Falls” Birmingham, AL

November 30th “Survey Process Update 2010” Birmingham, AL

More information regarding these seminars will be provided in the near future.

CALENDAR OF EVENTS

<u><i>Date</i></u>	<u><i>Event</i></u>	<u><i>Location</i></u>	<u><i>Time</i></u>
May 3 rd -6 th	ANHA Mid-Year Convention	Perdido Beach Resort Orange Beach	
May 3 rd	ANHA Executive Board Meeting	Perdido Beach Resort Orange Beach	8:30 a.m.
May 3 rd	ANHA Education/Convention Committee Meeting	Perdido Beach Resort Orange Beach	1:00 p.m.
May 7 th	ANHA Region VII ACT/SS Auxiliary Meeting Speaker: Jarrett Crum, Mobile Infirmary, 1 hour CEU RSVP: Janet Daughdrill (251) 471-5431	*Felix Fish Camp (Baywatch Rm) Mobile	11:00 a.m.
*PLEASE NOTE LOCATION CHANGE			
May 25 th	ANHA Educational Seminar "ICD-9 Coding for Long Term Care"	Wynfrey Hotel Birmingham	8:30 a.m.
June 24 th	ANHA Region III Meeting RSVP: Kevin Ball (205) 796-0214 kball@ballhealth.com	Golden LivingCenter Trussville	12:00 p.m.

Alabama Nursing Home Association

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WEB SITES:

Alabama Nursing Home Association <http://www.anha.org>
 AL Board of Examiners of Nursing Home Administrators <http://www.alboenha.state.al.us>
 AL Dept. of Public Health <http://www.adph.org>
 CMS <http://cms.gov>