



Section F

Preferences for Customary Routine and Activities

Objectives

- State the intent of Section F Preferences for Customary Routine and Activities.
- Identify the two methods for conducting the assessment for customary routine and activities.
- Describe how to conduct an assessment of a resident's customary routine and activities.
- Code Section F correctly and accurately.

 Minimum Data Set (MDS) 3.0 Section F May 2010 2 


Section F Preferences for Customary Routine & Activities



 Minimum Data Set (MDS) 3.0 Section F May 2010 3 

Importance

- Lack of attention to preferences and activities can result in:
 - o Boredom
 - o Depressed mood
 - o Behavior disturbances
- Resident responses can provide clues:
 - o Understanding pain
 - o Perceived functional limitations
 - o Perceived environmental barriers

 Minimum Data Set (MDS) 3.0 Section F May 2010 4

Item F0300

Should Interview for Daily and Activity Preferences be Conducted?

F0300 Importance


- Interview allows residents to respond directly.
- Supports individualized daily care and activity planning.
- Family member or significant other can also provide information about routines and preferences.
- Conduct staff assessment if interview is not possible.

F0300. Should Interview for Daily and Activity Preferences be Conducted? - Attempt to interview all residents who can communicate. If resident is unable to complete, attempt to complete interview with family member or significant other.

e. NO resident is interviewed (understood and family not available) - skip to f.0300, around the next assessment. If Daily and Activity Preferences be Conducted?

f. YES - Continue to F0300, interview for daily preferences.

F0300. Should Interview for Daily and Activity Preferences be Conducted? - Attempt to interview all residents who can communicate. If resident is unable to complete, attempt to complete interview with family member or significant other.

 Minimum Data Set (MDS) 3.0 Section F May 2010 6

Items F0400/ F0500

Interview for Daily/ Activity Preferences

F0400/ F0500 Interview

F0400. Interview for Daily Preferences
Show resident the response options and say: "While you are in this facility..."

F0500. Interview for Activity Preferences
Show resident the response options and say: "While you are in this facility..."

Minimum Data Set (MDS) 3.0 Section F May 2010 11

F0400 & F0500

Conduct the Assessment

- Set up a conducive environment.
- Be sure the resident can hear you.
- Explain the reason for the interview.
- Explain the response options.
- Provide cue cards.
- Allow resident to respond multiple ways.
- Interview the family or significant others if the resident cannot report his or her preferences.

Minimum Data Set (MDS) 3.0 Section F May 2010 12

F0400 & F0500 Assessment Guidelines₁

- No look-back period is provided for the resident.
- Ask about current preferences while in the nursing home.
- Complete the interview anytime within the 7-day look-back period.
- Family or significant others can provide information on current preferences.
- May have to consider past preferences if the resident cannot communicate.

Minimum Data Set (MDS) 3.0 Section F May 2010 13

F0400 & F0500 Assessment Guidelines₂

- If the resident gives a long or indirect answer:
 - o Summarize the response.
 - o Ask again which option best applies.
 - o This is referred to as echoing.
- Appropriate to explore the resident's answer and try to understand the reason.

Minimum Data Set (MDS) 3.0 Section F May 2010 14

F0400 & F0500 Coding Instructions

F0500 - Interviews for Activity Preferences

Show resident the response options and say: "Which you would like the facility...?"

Enter Codes in Boxes

A. Having responded to the question about the other management, and/or regarding

B. Having responded to it for your facility to be more like yours?

C. How important is it to you to have the response of services as follows?

How important is it to you to have the response of people?

How important is it to you to have the response of people?

How important is it to you to have the response of people?

Coding:

1 Very important

2 Somewhat important

3 Not very important


4 Not important at all

5 Important, but can't do or no choice


9 No response or non-responsive

Minimum Data Set (MDS) 3.0 Section F May 2010 15

Section F Video



The Video on Interviewing Vulnerable Elders (VIVE) was funded by the Picker Institute and produced by the UCLA/JH Borun Center. DVD copies can be ordered from the Pioneer Network.


CMS Minimum Data Set (MDS) 3.0 Section F May 2010 16 

Section F

Coding Activity



Section F Practice #1

- The interviewer asks:
How important is it to you to choose what clothes to wear?
- The resident responds:
It's very important. I've always paid attention to my appearance.

CMS Minimum Data Set (MDS) 3.0 Section F May 2010 18 



How should F0400A be coded?

- A. Code 1. Very Important
- B. Code 2. Somewhat Important
- C. Code 3. Not Very Important
- D. Code 4. Not Important at All
- E. Code 5. Important but Can't Do or No Choice
- F. Code 9. No response

 Minimum Data Set (MDS) 3.0 Section F May 2010 19 



Section F Practice #1 Coding

- The correct coding is 1. Very Important.
- The resident indicates that this daily preference is very important.

 Minimum Data Set (MDS) 3.0 Section F May 2010 20 



Section F Practice #2

- The interviewer asks: How important is it to you to choose what clothes to wear?
- The resident responds: I leave that up to the nurse. You have to wear what you can handle if you have a stiff leg.
- The interviewer echoes: You leave it up to the nurses. Would you say that, while you are here, choosing what clothes to wear is very important, somewhat important, not very important, not important at all, or that it's important, but you can't do it because of your leg?
- The resident responds: Well, it would be important to me, but I just can't do it.

 Minimum Data Set (MDS) 3.0 Section F May 2010 21 



How should F0400A be coded?

- A. Code 1. Very Important
- B. Code 2. Somewhat Important
- C. Code 3. Not Very Important
- D. Code 4. Not Important at All
- E. Code 5. Important but Can't Do or No Choice
- F. Code 9. No response

 Minimum Data Set (MDS) 3.0 Section F May 2010 22 



Section F Practice #2 Coding

- The correct coding is 5. Important but Can't Do or No Choice.
- The resident indicates that the daily preference is important, but he is unable to do it.

 Minimum Data Set (MDS) 3.0 Section F May 2010 23 



Section F Practice #3

- The interviewer asks: How important is it to you to take care of your personal belongings or things?
- The resident responds: All of my important things are at home.
- The interviewer echoes: Your most important things are at home. Do you have any other things here at the facility that you think it's important to take care of yourself?
- The resident responds: Well, my son brought me this CD player so that I can listen to music. It is very important to me to take care of that.

 Minimum Data Set (MDS) 3.0 Section F May 2010 24 



How should F0400B be coded?

- A. Code 1. Very Important
- B. Code 2. Somewhat Important
- C. Code 3. Not Very Important
- D. Code 4. Not Important at All
- E. Code 5. Important but Can't Do or No Choice
- F. Code 9. No response

 Minimum Data Set (MDS) 3.0 Section F May 2010 25 



Section F Practice #3 Coding

- The correct coding is 1. Very Important.
- The resident indicates that it is "Very Important" to take care of a specific item in the facility.

 Minimum Data Set (MDS) 3.0 Section F May 2010 26 



Section F Practice #4

- The interviewer asks: How important is it to have a place to lock your things to keep them safe?
- The resident responds: I have a safe deposit box at my bank, and that's where I keep my family heirlooms and personal documents.
- The interviewer echoes: That sounds like a good service. While you are here in this facility, how important is it to you to have a drawer or locker here?
- The resident responds: It's not very important. I'm fine with keeping all my valuables at the bank.

 Minimum Data Set (MDS) 3.0 Section F May 2010 27 



How should F0400H be coded?

- A. Code 1. Very Important
- B. Code 2. Somewhat Important
- C. Code 3. Not Very Important
- D. Code 4. Not Important at All
- E. Code 5. Important but Can't Do or No Choice
- F. Code 9. No response

 Minimum Data Set (MDS) 3.0 Section F May 2010 28 



Section F Practice #4 Coding

- The correct coding is 3. Not Very Important.
- The resident indicates that it is "Not Very Important" to have a drawer or locker at the facility.

 Minimum Data Set (MDS) 3.0 Section F May 2010 29 



Section F Practice #5

- The interviewer asks: How important is it to listen to music you like?
- The resident responds: It's not important, because all we have in here is TV. They keep it blaring all day long.
- The interviewer echoes: You've told me it's not important because all you have is a TV. Would you say it's not very important or not important at all to you to listen to music you like while you are here? Or are you saying that it's important, but you can't do it because you don't have a radio or CD player?
- The resident responds: Yeah. I'd enjoy listening to some jazz if I could get a radio.

 Minimum Data Set (MDS) 3.0 Section F May 2010 30 



How should F0500B be coded?

- A. Code 1. Very Important
- B. Code 2. Somewhat Important
- C. Code 3. Not Very Important
- D. Code 4. Not Important at All
- E. Code 5. Important but Can't Do or No Choice
- F. Code 9. No response

 Minimum Data Set (MDS) 3.0 Section F May 2010 31 



Section F Practice #5 Coding

- The correct coding is 5. Important but Can't Do or No Choice.
- The resident reports listening to jazz is important to him, but he does not have a radio.

 Minimum Data Set (MDS) 3.0 Section F May 2010 32 



Section F Practice #6

- The interviewer asks:
How important is it to you to be around animals such as pets?
- The resident responds:
It's very important for me NOT to be around animals. You get hair all around and I might inhale it.

 Minimum Data Set (MDS) 3.0 Section F May 2010 33 



How should F0500C be coded?

- A. Code 1. Very Important
- B. Code 2. Somewhat Important
- C. Code 3. Not Very Important
- D. Code 4. Not Important at All
- E. Code 5. Important but Can't Do or No Choice
- F. Code 9. No response

 Minimum Data Set (MDS) 3.0 Section F May 2010 34 

Section F Practice #6 Coding

- The correct coding is 4. Not Important At All.
- The resident indicates reasons why she prefers to not be around animals at all.

 Minimum Data Set (MDS) 3.0 Section F May 2010 35 

Item F0600

Daily and Activity Preferences Primary Respondent

F0600 Primary Respondent

- Establishes the source of the information regarding the resident's preferences.

F0600. Daily and Activity Preferences Primary Respondent

Indicate primary respondent for Daily and Activity Preferences (F0400 and F0500).

1. Resident
 2. Family or significant other (close friend or other representative)
 3. Interview could not be completed by resident or family/significant other ("No Response" to 3 or more items)

Indicate primary respondent for Daily and Activity Preferences (F0400 and F0500).

1. Resident
 2. Family or significant other (close friend or other representative)
 3. Interview could not be completed by resident or family/significant other ("No Response" to 3 or more items)

Minimum Data Set (MDS) 3.0 Section F May 2010 37

Item F0700

Should the Staff Assessment of Daily and Activity Preferences Be Conducted?

F0700 Importance

- Resident interview is preferred.
- Small percentage of residents are unable or unwilling to complete the interview.
- Should still have preferences considered.

F0700. Should the Staff Assessment of Daily and Activity Preferences be Conducted?

0. No (because interview for Daily and Activity Preferences (F0400 and F0500) was completed by resident or family/significant other - see Item F0600, Activities of Daily Living (ADL) Assistance)



1. Yes (because 3 or more items in interview for Daily and Activity Preferences (F0400 and F0500) were not completed by resident or family/significant other - see Guidance for F0600, Staff Assessment of Daily and Activity Preferences)

F0700. Should the Staff Assessment of Daily and Activity Preferences be Conducted?

Minimum Data Set (MDS) 3.0 Section F May 2010 39

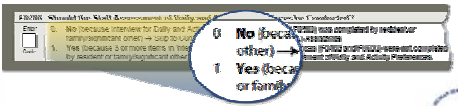
F0700 Assessment Guidelines



- If the total number of unanswered questions in F0400 through F0500 is equal to 3 or more, the interview is considered incomplete.
- If 3 or more interview items for either F0400 or F0500 are coded 9 or “-”, complete the Staff Assessment.

 Minimum Data Set (MDS) 3.0 Section F May 2010 40 

F0700 Coding Instructions

- **Code 0.**
 - Interview completed by resident, family, or significant other.
- **Code 1.**
 - Resident, family, or significant other unable to answer 3 or more items in the interviews.



 Minimum Data Set (MDS) 3.0 Section F May 2010 41 

Item F0800

Staff Assessment of Daily and Activity Preferences

F0800 Importance

- Alternate means of assessing preferences must be used for residents who cannot communicate.
- Ensures that information concerning preferences is not overlooked.

F0800. Staff Assessment of Daily and Activity Preferences

Do not conduct if interview for Daily and Activity Preferences (F0430-F0500) was completed

F0800. Staff Assessment of Daily and Activity Preferences

Do not conduct if interview for Daily and Activity Preferences (F0800-F0800) was completed

Resident Prefers:

Check all that apply

A. Cheering/clapping/singing

B. Caring/Responsible behaviors

CMS Minimum Data Set (MDS) 3.0 Section F May 2010 43

F0800 Conduct the Assessment/ Assessment Guidelines

- Observe the resident when care, routines, and activities are made available.
- Check any items for which the resident appears happy, content, or involved.
- Do not check any items for which the resident is resistant or withdraws.
- Do not do a staff assessment if an interview was completed.

CMS Minimum Data Set (MDS) 3.0 Section F May 2010 44

F0800 Coding Instructions

- Check all items that apply.

F0800. Staff Assessment of Daily and Activity Preferences

Do not conduct if interview for Daily and Activity Preferences (F0430-F0500) was completed

Resident Prefers:

Check all that apply

A. Cheering/clapping/singing

B. Caring/Responsible behaviors

C. Being helpful

D. Being respectful

E. Being polite

F. Being kind

G. Being helpful

H. Being respectful

I. Being polite

J. Being kind

K. Being helpful

L. Being respectful

M. Being polite

N. Being kind

O. Being helpful

P. Being respectful

Q. Being polite

R. Being kind

S. Being helpful

T. Being respectful

U. Being polite

V. Being kind

W. Being helpful

X. Being respectful

Y. Being polite

Z. Being kind


CMS Minimum Data Set (MDS) 3.0 Section F May 2010 45

Section F

Summary

Section F Summary

- Attention to routines and preferences enhances quality of life.
- Complete a resident interview if possible.
- Interview a family member or significant other as an alternative.
- For a staff assessment, identify routines or activities that the resident is involved in or happy or content to be participating in.

 Minimum Data Set (MDS) 3.0 Section F May 2010 47 